

MAHARISHI STHĀPATYA VEDA

GROUND BREAKING PROCEDURE

1.
Select a spot, if possible, in the central area of the site and proceed at the proper Muhurta as follows:
2.
Facing east, dig a square pit of about half a Hasta in size (36 cm) and of the same depth, aligned N/S, E/W.
3.
Purify the pit by showers of water mixed with cowdung
4.
Mix on a plate: sandal paste, petals of flowers, white rice and brown (unhusked) rice.
5.
Invite everyone to make a good wish for the future throwing some of the above mixture of rice, petals, etc and cups of Water (if available use Ganges Water) into the pit, always facing east.
6.
Finish the celebration with music, refreshments, etc

JAI GURU DEV